

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

In the Name of Allāh, The Most Gracious, The Most Merciful.

الآداب العشرة

The Ten Mannerisms

الشیخ صالح العصیمی

Shaykh Ṣāliḥ al-‘Uṣaymī

اعلّم - هداني الله وإياك لأحسن الأخلاق - أن من أعظم الآداب عشرة :

You should know - May Allāh guide me and you to the best of character; the most tremendous of mannerisms are ten:

الأول : إذا لقيت مسلماً فسلم عليه ، قائلاً : (السلام عليكم ورحمة الله وبركاته) وإن سلم عليك فقل : (وعليكم السلام ورحمة الله وبركاته).

1 - If you come upon a Muslim, give them Salām (Greetings of Peace), saying: “May The Peace and Blessings of Allāh be upon you.” If you are greeted with Salām, reply: “And May the Peace and Blessings of Allāh be upon you.”

الثاني : إذا أردت الدخول على أحد فاستأذن، واقفًا عن يمين الباب أو يساره، فإن أذن لك دخلت، وإن قيل لك : ارجع فارجع.

2 - If you wish to enter upon someone, then seek their permission, standing to the right side of the door or the left. If you are given permission, enter, and if it is said to you to go back, then go back.

الثالث : سَمَّ اللهُ فِي ابْتِدَاءِ أَكْلِكَ وَشُرْبِكَ قَائِلًا : (بِسْمِ اللهِ)، وَكُلَّ بِيَمِينِكَ، وَكُلَّ مِمَّا يَلِيكَ، وَإِذَا فَرِغْتَ فَالْعَقُّ أَصَابِعَكَ، وَقُلْ : (الْحَمْدُ لِلَّهِ).

3 - Say “Bismillāh” before you begin eating and drinking, and be sure to eat with your right hand and eat from what is close to you. When you finish, lick your fingers and say “Alḥamdulillāh” (All Praise be to Allāh).

الرابع : تَكَلَّمْ بِطَيِّبِ الْقَوْلِ فِي خَيْرٍ، وَاخْفِضْ صَوْتَكَ، مُتَمَهِّلًا فِي حَدِيثِكَ، وَأَنْصِتْ مَنْ كَلَّمَكَ، مُقْبِلًا عَلَيْهِ، وَلَا تُقَاطِعْهُ، وَلَا تَتَقَدَّمْ بَيْنَ يَدَيْ الْأَكْبَرِ بِالْكَلَامِ.

4 - Speak with good words and of what is best, lower your voice, speak carefully and deliberately, listen to those who speak to you, fully face them, do not interrupt them, and do not speak before your elders.

الخامس : إِذَا أَتَيْتَ مَضْجِعَكَ فَتَوَضَّأْ، وَنَمْ عَلَى شِقِّكَ الْأَيْمَنِ، وَأَتْلُ آيَةَ الْكُرْسِيِّ مَرَّةً، وَاجْمَعْ كَفَّيْكَ، وَاقْرَأْ فِيهِمَا سُورَةَ الْإِخْلَاصِ وَالْمُعَوِّذَتَيْنِ، وَأَنْفُثْ فِيهِمَا، وَامْسَحْ بِهِمَا مَا اسْتَطَعْتَ مِنْ جَسَدِكَ، تَفْعَلُ ذَلِكَ ثَلَاثًا.

5 - When you come to your place of sleep [at night], make wuḍū [before you sleep], sleep on your right side, and recite Āyat al-Kursī once. Place your hands together and recite in them Sūrah al-Ikhlāṣ and al-Mu’awidhatayn (Sūrah al-Falaq and Sūrah an-Nās), then blow into them and wipe what you can of your body with your hands; do this three times.

السادس : إِذَا عَطَسْتَ فَغَطِّ وَجْهَكَ بِيَدِكَ أَوْ بِثُوبِكَ، وَاحْمَدِ اللَّهَ، فَإِنْ شَمَّتَكَ أَحَدٌ فَقَالَ : (يَرْحَمُكَ اللَّهُ)، فَقُلْ : (يَهْدِيكُمْ اللَّهُ وَيُصَلِّحُ بِالْكُمْ).

6 - If you sneeze, cover your face with your hands or garment, and say “Alḥamdulillāh” (All Praise be to Allāh). If someone says to you “Yarḥamuk-Allāh” (May Allāh have Mercy on you), reply to them with “Yahdikum Allāh wa yuṣliḥu bālakum” (May Allāh guide you and rectify your affairs).

السابع : رُدَّ التَّائِبُ مَا اسْتَطَعَتْ، وَأَمْسِكْ بِيَدِكَ عَلَى فَيْكِ، وَلَا تَقُلْ : (آه آه) .

7 - Suppress your yawn as much as you can, cover your mouth with your hand, and do not say “Ahh Ahh.”

الثامن : إِذَا انْتَهَيْتَ إِلَى مَجْلِسٍ فَسَلِّمْ، وَاجْلِسْ حَيْثُ يَنْتَهِي الْمَجْلِسُ، وَلَا تَجْلِسْ بَيْنَ الشَّمْسِ وَالظَّلِّ، وَلَا تُفَرِّقْ بَيْنَ اثْنَيْنِ إِلَّا بِإِذْنِهِمَا، وَلَا تُقِمَّ أَحَدًا مِنْ مَجْلِسِهِ، وَافْسَحْ مَنْ دَخَلَ، وَادْكُرِ اللَّهَ فِيهِ، وَأَقْلَهُ كَفَّارَتَهُ، فَتَقُولُ : (سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، أَشْهَدُ أَلَّا إِلَهَ إِلَّا أَنْتَ، أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ).

8 - If you come to a gathering, then give Salām [to its people], and sit where the gathering ends [close to one another], do not sit in an area between the sun and shade, do not sit in between two people without their permission, do not make anyone get up from their place [so that you may sit], make space for new people entering, and remember Allāh in the gathering. The least of which is asking for expiation by saying: “O’ Allāh, You are free from every imperfection; All Praise be to You. I testify that there is no true God worthy of worship except for You; I ask for Your Forgiveness, and I turn to You in repentance.”

التاسع : أَعْطِ الطَّرِيقَ حَقَّهُ فُغْضَ بَصْرِكَ، وَكُفَّ الْأَذَى، وَرُدَّ السَّلَامَ، وَأْمُرْ بِالْمَعْرُوفِ، وَأَنْهَ عَنِ الْمُنْكَرِ.

9 - Give the pathway its rights [when you embark on it by]:

1. Lowering your gaze.
2. Not causing any harm.
3. Returning the Salām [if/when you are greeted with it].
4. Enjoining the good.
5. Forbidding the evil [during your course].

العاشر : اَبَسَ الْجَمِيلَ مِنَ الثِّيَابِ، وَأَفْضَلُهَا الْأَبْيَضُ، وَلَا يُجَاوِزُ كَعْبِيكَ سُفْلًا
وَأَبْدَأُ بِيَمِينِكَ لُبْسًا، وَبِشِمَالِكَ خَلْعًا.

10 - Wear the most beautiful of your garments, the best of which is a white garment [for men] and do not let it fall below your ankles. Begin dressing with the right side and removing with the left side.

تَمَّتْ بِحَمْدِ اللَّهِ

Completed, and All Praise is to Allāh.